Plates & Bowls

Farmer's Greens 14

baby kale, delicata squash, pumpkin seed, quinoa, cider vinaigrette vegan, df

Grain Bowl 15

wheatberries, quinoa, roasted squash, dry cranberry, goat cheese, spinach, house vinaigrette veg

Seaweed Bowl 19

sweet chili tofu, sesame seed, kelp, miso vinaigrette, brown rice, edamame, scallion gf, df, veg

Steak Frites* 29

flat iron steak, herb compound butter, fries

Enhancements

steak +19 tofu +5 salmon +13

Handhelds

housemade chips served with all sandwiches substitute hand-cut fries +5 dressed greens +5

chicken +9

Chicken Bacon Ranch 21

grilled chicken, seaweed ranch, bacon, butter lettuce, tomato, cheddar cheese, sesame milk bread

UNION Burger* 20

Caldwell farms beef, union special sauce, vidalia onion, butter lettuce, brioche add +2 pineland farms sharp white cheddar +2 bacon +3 duck egg make it a double +5

Maine Lobster Roll 39

4oz Maine lobster, butter lettuce, chive, preserved lemon aioli, brioche

Shrimp Tacos 23

cornmeal-crusted white shrimp, red cabbage, carrot, lime crema, cilantro, fresno, pickled shallot gf

Grilled Salmon BLT 24

bacon, preserved lemon aioli, tomato, butter lettuce, rye bread df

Congress Street Lunch 19

cup of soup, side salad, petite sandwich

Sides

Cup of Soup 7 Hand-Cut Fries 8 Dressed Greens 5

Desserts

Chocolate Layer Cake 15 hazelnut gelato, sour cherry, cocoa nib

Limoncello Mascarpone 11

white chocolate, blueberry

One Scoop Gelato or Sorbet 5

flavors of the moment

Beverages

Espresso 4

terra blend from coffee by design

Double Espresso 6

terra blend from coffee by design

Latte 6

flavored syrup +2: caramel, vanilla, hazelnut, almond, cherry

Drip Coffee 5

casco bay blend from coffee by design

Juice 5

apple, orange, cranberry, or grapefruit

Maine Root Sodas 5

Kick Starter 7

organic apple cider vinegar, ginger, turmeric, honey, lemon, cayenne

Detox Smoothie 9

banana, apple, pear, spinach, kale, celery

Elderberry Kombucha 10

aqua vitea from middlebury, vt